

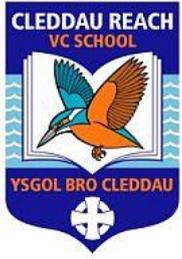
# Cleddau Reach VC Primary School



## Pupil Work Booklet

Key Stage 2





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# Advice on Routines

If your child is in Year 3, 4, 5 or 6 they are taught from the Key Stage 2 National Curriculum. This booklet outlines some helpful tips to support your junior child through home-schooling. These suggestions have been designed to be a helpful guide and are not prescriptive. Pupils in school respond well to structure and routine so it may be useful to encourage your child to outline their daily timetable.

The current Key Stage 2 curriculum covers English, Welsh, Mathematics, Science, English, Design and Technology, History, Geography, Art and Design, Music, Physical Education (PE), computing and Religious Education. We also teach personal, social and health education at Cleddau Reach VC Primary School.

## Suggestion 1 – A weekly timetable (suggested by PCC)

	Monday	Tuesday	Wednesday	Thursday	Friday
Subject 1 30 to 60 minutes	Literacy	Literacy	Literacy	Literacy	Literacy
Subject 2 30 to 60 minutes	Numeracy	Numeracy	Numeracy	Numeracy	Numeracy
Subject 3 30 to 60 minutes	Creative project	Science	History project	Geography project	Creative time

In addition to the above all Key Stage 2 pupils should read for at least 30 minutes a day along with some time to do some physical exercise each day

## Suggestion 2 – A daily timetable

9am – 9:30	PE with Joe Wicks
9:30 – 10:30	Literacy
11:00 – 12:00	Maths
1:00 – 2:00	Topic based learning – fact finding, researching
2:00 – 3:00	Creative time – music, craft, art, dance
3:00 – 5:00	Downtime

Try and encourage your child to take breaks in between and make the most of any sunshine by getting outdoors.

Your child will really benefit from designing their own timetable that fits around your needs as a family. By getting them involved it will help them focus and engage in their learning.

## **Some general tips for Key Stage 2 learners...**

### **Reading**

Encourage your child to read a rich and wide range of texts, from fictional chapter books to interesting non-fiction information books. Encourage them to use this time to find out about the world around them and become lost in new literature by authors they haven't experienced before.

### **Audible Stories**

Audible have made hundreds of titles for children free to access on their [website](#).

### **Spelling**

Your child can practice spelling regularly using Spellblast on HWB. The pupils use this regularly in school and will be familiar with how to access it. Alternatively you can find spelling lists online for your child to practice more formally.

### **Maths**

Your child has a personal account for RM Easimaths. Each session takes around 15 minutes to complete. They could complete up to two sessions a day. Also look out for any set work digitally by your class teacher either on HWB or Google Classroom.

### **Handwriting**

Handwriting is a basic skill that is always useful to practise. We teach cursive letter formation at Cleddau Reach and your child in Key Stage 2 should be actively encouraged to join up their handwriting. They could copy out poetry, song lyrics, extracts from texts in their best joined handwriting.

### **Drawing**

Illustrator Rob Biddulph offers [videos](#) designed to help your child learn how to draw!

### **RE at Easter**

Watch the [animated film about Easter](#), attempt a short quiz and reflect on the range of feelings expressed at this important time of year in the Christian calendar.

### **Exercise and Wellbeing**

A popular site we use in school is [gonoodle](#), for yoga and mindfulness try [cosmickids](#) and for daily exercise see [Joe Wicks](#). There are QR code links to some of these within this booklet.

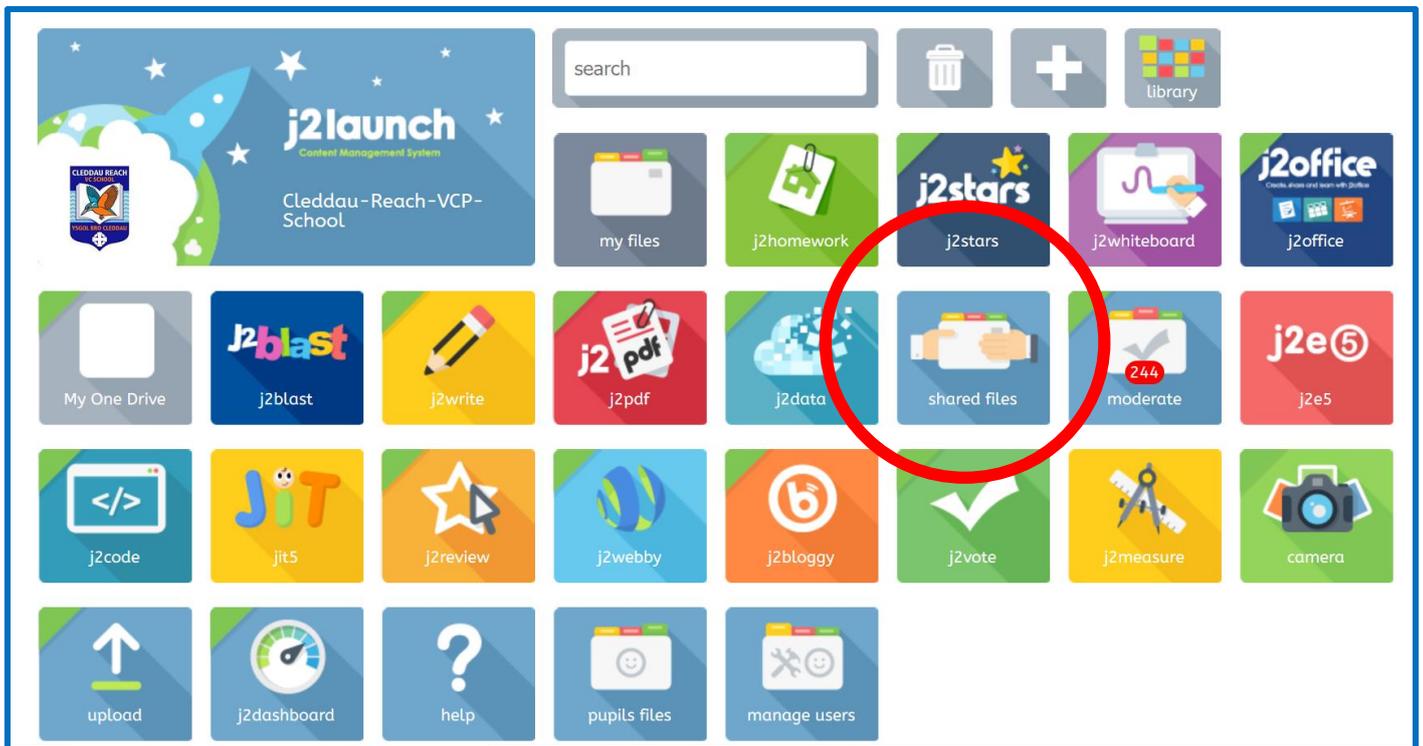
### **Everyday Maths**

Try and think about how you could support your child's mathematical skills through everyday jobs and activities:

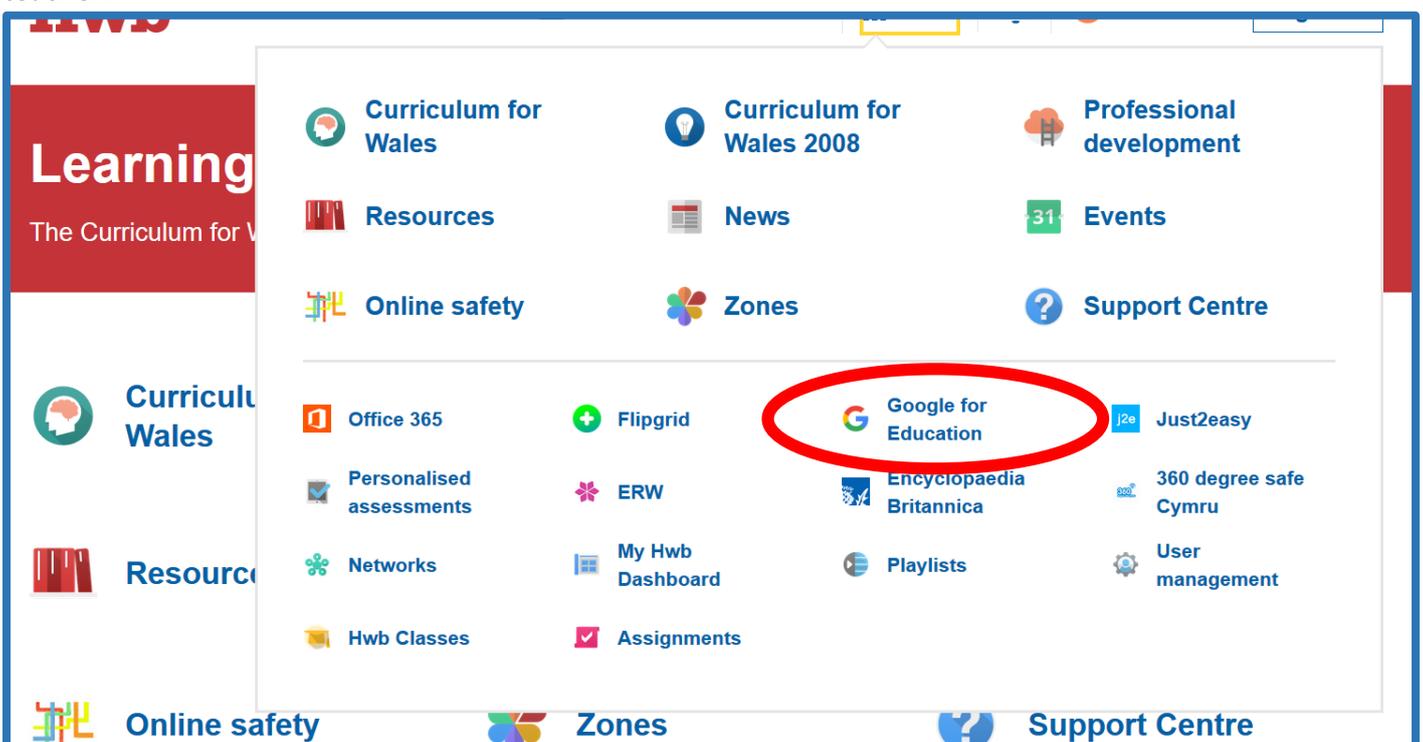
- Measuring ingredients using standard units
- Reading the time
- Adding totals of coins, giving change

## How will the teachers be setting work?

Within lower Key Stage 2 (Year 3 and 4) class teachers will be using HWB to set digital work for your child weekly. This work will be uploaded by 9am every Monday of each week **from Monday 20<sup>th</sup> April onwards**. Your junior child will be familiar with how to access the 'shared files' on HWB to find their work.



In upper Key Stage 2 (Year 5 and 6), pupils will be set work through Google Classroom. This is accessible for your child through HWB. Google Classroom provides all of the tools your child will need to record their work and contact their class teacher. They can ask questions using the 'comments section' directly to their teacher.



Your child should have received more information about this from their individual class teacher. Should you have any queries or issues do not hesitate to email your child's teacher directly.

### **What if my child needs help to complete the work?**

Staff will make sure the work being set is appropriate and will be mindful of the fact they are not there to teach the children. As much as possible, pupils should complete tasks independently or if they are really stuck they should ask for help and advice from family members. However, if you have any questions regarding the work set you can email the class teacher. Furthermore if they are used to using Google Classroom they can converse with their class teacher through this. Most importantly, please don't worry. All we ask is that pupils try their best 😊

### **What should my child's daily routine look like?**

Whilst your child is not in school, it is important that they get into a daily routine. Pupils are going to have to be more independent, so we advise following these top tips to make sure your child is more productive at home.

1. **Sleeping** - Get a good night's sleep and have a set time that you are going to go to bed and get up each morning.
2. **Daily Routine** - Have a plan for the day and complete your work during these times.
3. **Workspace** - Have a designated study area so that your child can focus on the work they need to do and switch off from distractions e.g. tablets, TV
4. **Healthy Eating** - Make sure they are eating a balanced and healthy diet as its important for their health and well-being.
5. **Stay Active** – Plan some time in the day where your child has an activity that keeps them active or focuses their mind e.g. exercise, walking, reading, completing a jigsaw, listening to music or cooking with a parent.

## Staying Active and Mindfulness

The idea of being at home and not in school might seem very attractive at first but coming to school is a big part of staying active and helps pupils with their mental wellbeing. Therefore, your child needs to make sure they are using their time productively and they will feel better for doing a small bit each day.

Here are some useful tools you can use at home to support your child's health and wellbeing...

### WELLBEING & KEEPING ACTIVE



#### Scouts

Scouts have developed some inspired indoor activities to help your child learn new skills!



#### PE with Joe Wicks

Joe Wicks 'The Body Coach' will be doing daily 30 minute workouts for children at 9am every morning.



#### Cosmic Yoga

'Yoga, mindfulness and relaxation designed especially for children'



#### GoNoodle

One of our personal favourites in school! Find lots of videos to get your child moving, dancing, stretching and wiggling!



#### Edinburgh Zoo Live Cams

Become an 'at home' visitor to Edinburgh Zoo and check up on the penguins, pandas and tigers!



#### Ted Talks for Kids

WeAreTeachers have compiled a list of the '35 must-watch TED talks for kids and teens'



#### Mindfulness Breathing

The following "Mindfulness Exercise" is simple and easy to follow. Encourage your child to have a go.

1. Find a quiet place that is free from distractions
2. Sit, stand or lie down with you back straight and relaxed.
3. Start by breathing in and out slowly. Breath in through your nose and out through your mouth, letting your breath flow effortlessly in and out of your body.
4. Let go of your thoughts. Empty your mind and focus your awareness on your breathing. Purposefully watch your breath, focusing on its pathway as it enters your body.
5. Try and do this for 2-3 minutes (or longer if you like) at least once or twice a day.

## Recommended Reading List

Daily reading is an important tool for learning and a good habit to get into. Therefore, the following lists have been recommended for students to read at their leisure. However, as a school we would encourage you to read anything that you find interesting.

KS2
The Pear Affair by Judith Eagle (year 5+)
James and the Giant Peach by Roald Dahl
The Accidental Prime Minister by Tom McLaughlin (Year 3+)
The Boy who drew dragons by Andy Shepherd (Year 3+)
Dog Man by Dav Pickley
Beast by Adam Blade (Year 3 & 4)
Ice Palace by Robert Swindells (Year 5+)
Voices in the Park by Anthony Brown (Year 4+)
The World According to Humphery by Betty G. Birney (Year 3+)
Dilly the dinosaur by Tony Bradman (Year 3+)
The Butterfly Lion by Michael Morpurgo (Year 5+)
Charlott's Web by E. B. White (Year 5+)
Clockwork by Phillip Pullman (Year 5+)
Danny the Champion of the World by Roald Dahl (year 5+)

### How can I access free online eBooks?

We appreciate that it might be difficult for you to get some of the books with some local libraries being closed. Therefore, we are recommending you your County Library Service to access books online through 'Borrowbox'. Once you have joined the library and downloaded the Borrowbox app you can browse, download and read eBooks at any time from any location using the free app.

### How can I access this resource?

- You will need to join the Library Service. Anyone 16 or above can register for a PIN but for most of our students you will need to ask parents to register online on your behalf.
- The following link can be used by parents to register their child online:  
<https://www.pembrokeshire.gov.uk/pembrokeshire-libraries/join-online>
- <https://www.Schoolreadinglist.co.uk>

**If you need any help with supporting your child with their reading at home please do not hesitate in contacting your child's class teacher via email. They will be more than happy to help.**

## Supporting your child's music at home

We are excited to share the new '*Pembrokeshire Music Service Digital Learner Zone*' for all pupils during this remote learning time. This is an organic site which will be evolved daily by the staff working for the Pembrokeshire Music Service. You may find it useful for supporting your child with their music at home, especially if they receive music tuition in school.

Here is the link <https://sites.google.com/hwbcymru.net/pms-learner-zone/home>

## Useful Websites for Learning

Whilst there are many websites with online learning activities, we have put together a list of a few good ones that students could use to help with independent learning. It's not an exhaustive list and you might have better sites that you use, but there are some good activities and material on these websites.

**You could also access the following websites:**

[www.primaryresources.co.uk](http://www.primaryresources.co.uk)

[www.bbc.co.uk/teach/super movers](http://www.bbc.co.uk/teach/super movers)

[www.literacyshed.com](http://www.literacyshed.com)

[www.mathshed.com](http://www.mathshed.com)

[www.bbc.co.uk/bitesize](http://www.bbc.co.uk/bitesize)

[www.duolingo.com](http://www.duolingo.com)

<https://www.twinkl.co.uk>

(free downloadable printouts)

Use the code at [CVDTWINKLHELPS](#) to access twinkl for free.

## Safeguarding and Pastoral Concerns

If you have any questions or concerns regarding the work that has been set, please make contact with your child's class teacher via email.

### For our pupils...

If you have any concerns that you would usually speak to the teacher or other adult in your class about, please use the appropriate email address below to get in touch with us. We will monitor our emails during school hours, but it may take up to twenty four hours for us to respond to your email. If there is anything that you need support with that is urgent, please speak to your parents, carers or another trusted adult.

Year R: [loguej2@hwbcymru.net](mailto:loguej2@hwbcymru.net)

Year 1: [venablesj9@hwbmail.net](mailto:venablesj9@hwbmail.net)

Year 2: [evansm999@hwbmail.net](mailto:evansm999@hwbmail.net)

Year 3: [ellisd52@hwbmail.net](mailto:ellisd52@hwbmail.net)

Year 4: [jamesd198@hwbmail.net](mailto:jamesd198@hwbmail.net)

Year 5: [woodwards14@hwbcymru.net](mailto:woodwards14@hwbcymru.net)

Year 6: [pearsonr24@hwbcymru.net](mailto:pearsonr24@hwbcymru.net)

For any general concerns of a pastoral nature: [head.cleddaureach@pembrokeshire.gov.uk](mailto:head.cleddaureach@pembrokeshire.gov.uk)

If you require support over weekends or at other times of the day, the contact numbers below are good sources of support and guidance.

- Childline: 0800 1111  
There is also the option to chat to one of their counsellors via message rather than over the phone. Alternatively, you can e mail in any questions and access the message boards and a range of activities on their website. Visit <https://www.childline.org.uk/> for more details.
- Samaritans: 116 123 or [jo@samaritans.org](mailto:jo@samaritans.org) (24 hours response time)  
Visit <https://www.samaritans.org/> for more details

# childline

ONLINE, ON THE PHONE, ANYTIME  
[childline.org.uk](https://www.childline.org.uk/) | 0800 1111



## Frequently Asked Questions

**Question: Who do I contact if I have a question about my child's school work?**

Answer: First of all don't worry, we just ask that your child does their best. All class teachers will be contactable via email and will aim to respond as soon as possible. Alternatively your child can contact their class teacher directly through Google Classroom if they are used to using these tools (Year 5 and 6)

**Question: Who do I contact with a pastoral question?**

Answer: Your child's class teacher.

**Question: If my child is ill, do they still need to complete the work set?**

Answer: Complete what they can. It is no different to your child being at home poorly during the school year and keeping as up to date as possible. Staff understand that there will be times where they can't complete all of their work – that is ok.

**Question: What do I do if my child runs out of work to do?**

Answer: Use the recommended books, films and activities sheet to give you ideas for alternate activities. There are also lots of websites that are recommended to support your child with their studies. Be as creative as possible and make the most of this opportunity (Use youtube to learn to juggle, play chess, sing!). Encourage your child to help out with family chores.

**Question: Will the work be marked?**

Answer: Where possible teachers will give feedback on the work set (if it is required), however, this may not always be possible.

**Question: If I email a teacher and I don't hear back within twenty four hours, what do I do?**

Answer: We will try to cover all emails, but it may not always be possible.

**Question: What do I do if my child doesn't know their HWB login details?**

Answer: Email your class teacher for your child's details.

**Most importantly, remember, we are here to help and support you and your child through this time.  
We'll get through it together.**