

# Pembrokeshire Primary School Winter Menu 2017/18

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>					
<b>2/10/17</b>	<b>MAIN</b> Cheeseburger in a bun Potato waffles Bakes beans	Chicken pasta bake Garlic bread Farmhouse vegetables	Sausages with Yorkshire pudding and gravy Creamed potatoes / Boiled potatoes Fresh carrots & broccoli	Homemade beef curry with boiled rice Naan bread Sweetcorn	Bubble salmon Thick cut chips Baked beans or Garden peas
<b>23/10/17</b>	<b>VEGETARIAN</b> Vegetable burger in a bun	Dinner Jackets (Jacket potato with cheese, beans or cheese & beans) Garlic bread Farmhouse vegetables	Vegetarian sausage with Yorkshire pudding and gravy Creamed potatoes / Boiled potatoes Fresh carrots & broccoli	Dinner jackets (Jacket potato with cheese, beans or cheese & beans) Fresh bread roll Sweetcorn	Margarita Pizza Thick cut chips Baked beans or Garden peas
<b>20/11/17</b>	<b>VEGETARIAN</b> Potato waffles Baked beans				
<b>11/12/17</b>	<b>VEGETARIAN</b> Orange shortcake with custard or Fresh fruit wedges	Pancake with cherry sauce and ice cream or Fresh fruit wedges	Raspberry bun with fruit juice or Fresh fruit wedges	Chocolate brownie with white sauce or Fresh fruit wedges	Mandarins in orange jelly or Fresh fruit wedges
<b>15/1/18</b>	<b>DESSERT</b>				
<b>5/2/18</b>	<b>DESSERT</b>				
<b>Week 2</b>					
<b>9/10/17</b>	<b>MAIN</b> BBQ pork meatballs with pasta Garlic bread Sweetcorn	Golden chicken strips served in a wrap Herby diced potatoes Crunchy coleslaw	Roast chicken with herb stuffing and gravy Creamed potatoes Fresh carrots & broccoli	Homemade beef lasagne Garlic bread Peas & sweetcorn	Salmon and sweet potato fishcake Thick cut chips Crunchy coleslaw or Baked beans
<b>6/11/17</b>	<b>VEGETARIAN</b> BBQ veggieballs with pasta Garlic bread Sweetcorn	Dinner jackets (Jacket potato with cheese, beans or cheese and beans) Fresh bread roll Crunchy coleslaw	Vegetarian sausage roll with gravy Creamed potatoes Fresh carrots & broccoli	Dinner jackets (Jacket potato with cheese, beans or cheese and beans) Garlic bread Sweetcorn and peas	Margarita pizza Thick cut chips Crunchy coleslaw or Baked beans
<b>27/11/17</b>	<b>VEGETARIAN</b>				
<b>18/12/17</b>	<b>VEGETARIAN</b>				
<b>22/1/18</b>	<b>DESSERT</b> Lemon butterfly cake with milk or Fresh fruit wedges	Peach crumble with custard or Fresh fruit wedges	Chewy oat cookie with fruit juice or Fresh fruit wedges	Fruit sundae or Fresh fruit wedges	Creamy rice pudding or Fresh fruit wedges
<b>12/2/18</b>	<b>DESSERT</b>				
<b>Week 3</b>					
<b>16/10/17</b>	<b>MAIN</b> Cod fillet fish fingers Potato waffles Sweetcorn or Baked beans	Chicken Mac and cheese (chicken with macaroni cheese) Garlic bread Garden peas	Roast beef with Yorkshire pudding and gravy Creamed potatoes / Boiled potatoes Fresh carrots & broccoli	Minced pork and apple pie with gravy Creamed potatoes Farmhouse vegetables	Fishy potato boats (Jacket potato stuffed with salmon, cheese and sweetcorn) Garlic dough balls Crunchy coleslaw
<b>13/11/17</b>	<b>VEGETARIAN</b> Vegetable parcels in tomato sauce Potato waffles Sweetcorn or Baked beans	Dinner jackets (Jacket potato with cheese, beans or cheese and beans) Garlic bread Garden peas	Cauliflower cheese Creamed potatoes / Boiled potatoes Fresh carrots & broccoli	Dinner jackets (Jacket potato with cheese, beans or cheese and beans) Bread roll Farmhouse vegetables	Margarita Pizza Thick cut chips Crunchy coleslaw
<b>4/12/17</b>	<b>VEGETARIAN</b>				
<b>8/1/18</b>	<b>DESSERT</b> Vanilla shortbread finger with vanilla ice cream or Fresh fruit wedges	Chocolate gateaux or Fresh fruit wedges	Banoffee sponge with custard or Fresh fruit wedges	Marbled muffin with fruit juice or Fresh fruit wedges	Creamy yoghurt or Fresh fruit wedges
<b>29/1/18</b>	<b>DESSERT</b>				