

Pembrokeshire Harriers

www.pembrokeshireharriers.org.uk



OPEN MEETING

minimum age - school year 4 • maximum age - all welcome



TUESDAY 2ND APRIL 2019

HAVERFORDWEST HIGH PEMBERGAST SITE TRACK AT 6PM



registration from 5pm

refreshments available



*first event @ 6pm
£2 for 3 events*



**75M • 100M • 300M • 800M • 1500M
LONG JUMP • SHOT PUT • JAVELIN**